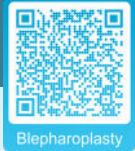


BLEPHAROPLASTY



Blepharoplasty is a medical term for the cosmetic procedure to repair upper or lower/droopy eyelids that may involve removing excess fat, muscle, and skin.

UPPER BLEPHAROPLASTY

An **upper blepharoplasty** involves removing redundant skin or musculature of the upper eyelid. This procedure is typically done in an outpatient setting. You will be numbed with medication. Your surgeon will make an incision along your new eyelid crease to remove or redistribute excess fat, muscle, and sagging skin. Then your incision is closed. A cosmetic scar will be hidden with your eyelid crease.

LOWER BLEPHAROPLASTY

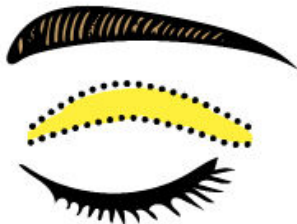
A **lower blepharoplasty** corrects undereye bags or “tired-eyes” look. Many develop this look because of age or heredity. As we age, our eyes become sunken-looking and hide under heavy brow skin. This resulted from excess fat gathered above or below the eyelids. The sagging skin around the eye can also reduce your side vision (peripheral vision). There are several approaches for a lower blepharoplasty. During the procedure the surgeon may opt to create an incision along the lower lash line, or along the pink mucosa (lower lid). Then fat is redistributed throughout the eyelid.

POST-OP INSTRUCTIONS

- ▶ Pain should be minimal post-op
- ▶ Ice for **72** hours after surgery
- ▶ Bruising usually resolves at about **2** weeks post-op
- ▶ Physical activity should be avoided until **2-4** weeks after surgery

Blepharoplasty (Eyelid Surgery)

Upper Blepharoplasty



Lower Blepharoplasty

