

AUDIO BOOKS ON TAPE

Books on tape or audio books are an accessible and enjoyable form of rehabilitation. Some people prefer to begin practicing with familiar children's books while others prefer adult books from the outset. To get the most out of these resources, consider the following:

- ▶ For beginners:
 - ▶ Start out easy with speakers who are comfortable to listen to and have a clear voice.
 - ▶ Read along the text as you listen to the speaker's words.
 - ▶ Slow down the rate of speech (many MP3 players have the ability to control the speed).
 - ▶ Look for tapes that have no background music or noise effects. Avoid speakers with accents.

- ▶ For more difficult tasks:
 - ▶ Increase the rate of speech.
 - ▶ Choose a book where the speaker has an accent.
 - ▶ Incorporate background noise. Consider turning on a low volume talk radio program or music. Increase the volume of this background noise overtime to make the task even more difficult.

- ▶ Where can I find audio books?
 - ▶ Rent them from the library.
 - ▶ Audible.com is an Amazon company and offers audio books in English, French, Spanish, German, Italian and Russian. They offer a 30 day trial period with one free book download.
 - ▶ Barnes and Noble or other book stores online
 - ▶ Be sure to get the unabridged version of the book and the audio tape

SCAN QR CODE



<https://www.storylineonline.net/>

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